



AutPlay Therapy



A play therapy and behavioural therapy-based approach for treating autism, neurodevelopmental disorders, ADHD, dysregulation issues, attachment disorder and developmental disabilities



Hugi Hub

Play & Explore



AutPlay® Therapy was created by Dr. Robert Jason Grant. AutPlay is a play and behavioural therapy approach to working with children and families affected by autism, attention deficit hyperactivity disorder, dysregulation issues, attachment disorder, trauma and other neurodevelopmental disorders.

It integrates therapeutic models of play therapy and behavioural therapy.

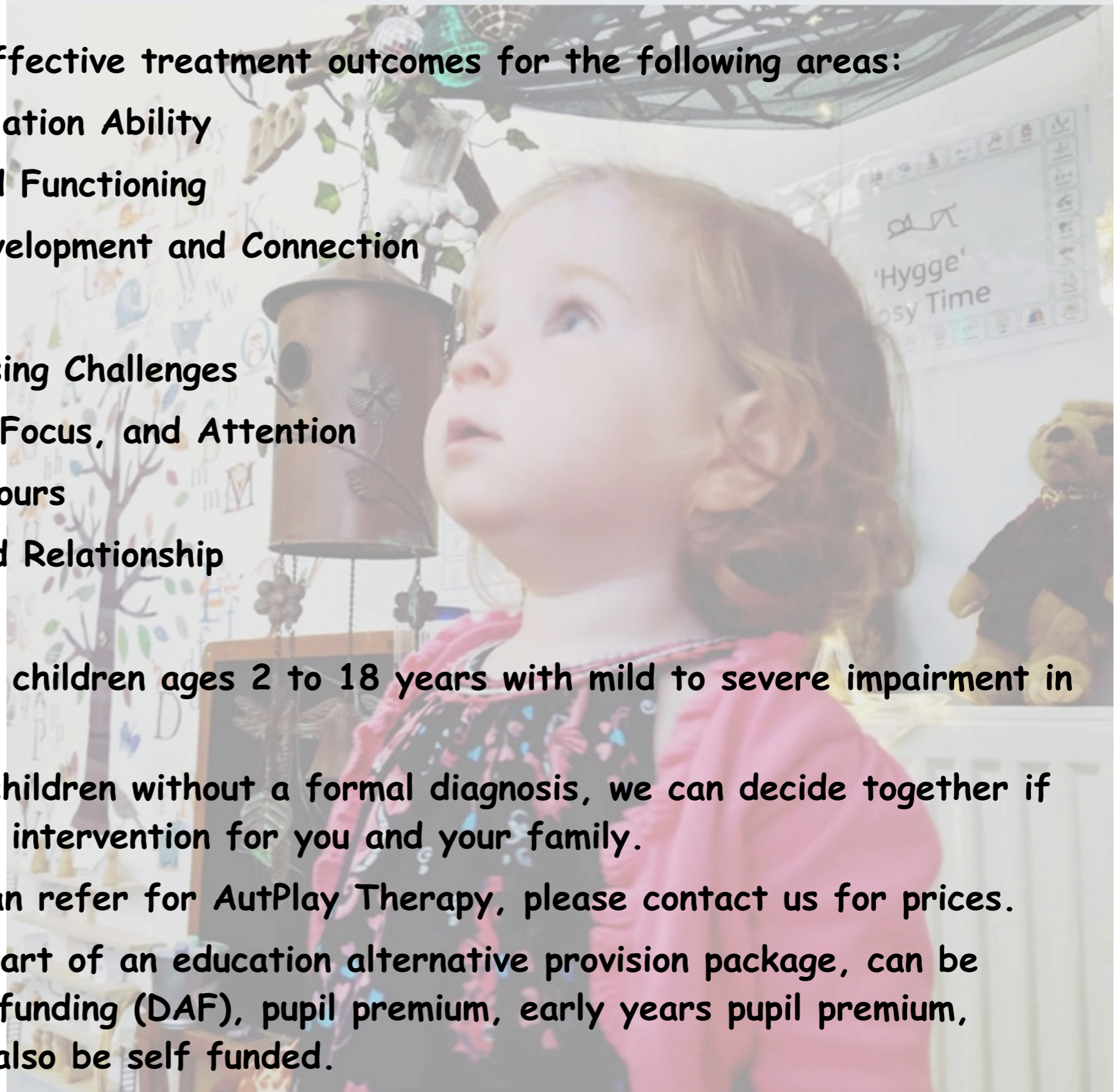
It incorporates relationship development approaches together in a collaborative model to assist children and adolescents in gaining needed skills and abilities. AutPlay Therapy is a combination of behavioural and developmental methodology that is both therapist-led and parent-led.

If you are interested in Autplay or any other therapy, contact us!

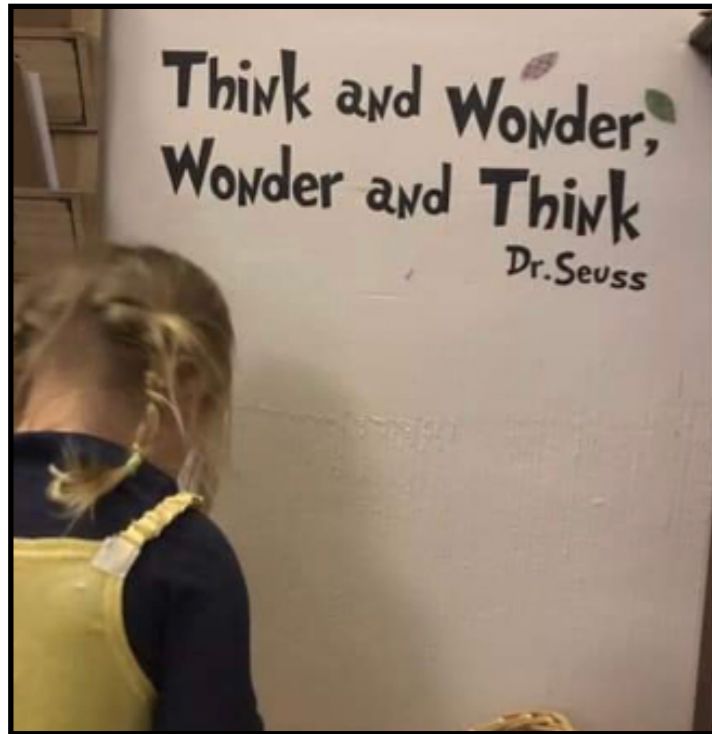
About AutPlay Therapy

AutPlay Therapy has shown effective treatment outcomes for the following areas:

- 1. Increasing Emotional Regulation Ability**
 - 2. Improving Social Skills and Functioning**
 - 3. Improving Relationship Development and Connection**
 - 4. Reducing Anxiety Levels**
 - 5. Improving Sensory Processing Challenges**
 - 6. Increasing Concentration, Focus, and Attention**
 - 7. Reducing Unwanted Behaviours**
 - 8. Improving the Parent/Child Relationship**
- AutPlay is recommended for children ages 2 to 18 years with mild to severe impairment in any of the above areas.**
 - AutPlay can be offered to children without a formal diagnosis, we can decide together if we feel that it is a suitable intervention for you and your family.**
 - Parents and Professionals can refer for AutPlay Therapy, please contact us for prices.**
 - AutPlay Therapy can form part of an education alternative provision package, can be funded by disability access funding (DAF), pupil premium, early years pupil premium, intervention grants. It can also be self funded.**



The Hugi Hub Therapy Room



Information for Parents and Referring Professional

The Hugi Hub will provide opportunities for children to develop relationships, experience togetherness and belonging within an inclusive calm therapeutic space. All in an environment that focuses on experiencing thoughts and feeling. Somewhere that children can truly be themselves through expression and mindfulness, mental health and wellbeing.



01 | Contact Us



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